

## Gordon House.

### A HOME FOR NERVOUS INVALIDS.

THIS Home has been started by Lady Duff Gordon with the object of providing for cases of early mental or nervous disorders, in so many cases of which, if prompt measures can only be taken, the morbid processes can be arrested, and recourse to asylum treatment for those mentally affected, happily avoided.

The modern treatment of disease is essentially — Prevention; and as in the case, for example, of threatening dyspepsia, where careful dietary, and alteration of faulty modes of living, &c., can prevent the disease from developing, so on the same principle, when there are warnings of mental or nervous trouble, early and appropriate treatment may prevent the disorder from developing into the terrible disease of insanity, which is so often permanent. A further object in view is to provide for the after-care of patients who are convalescing from mental or nervous attacks, who are as yet hardly able to immediately resume their daily home-life, but in whom absolute recovery might well be hindered by extended sojourn in the asylum, which was the scene of the acute stages of their disease, and the abode of others, daily contact

with whom might obviously for so many reasons be a source of pain to them in their convalescent condition.

This Home has therefore been established mainly to meet the wants of these two kinds of cases among people of good position of both sexes.

Gordon House is situated near Seaford, a small

seaside town between Eastbourne and Brighton. Being comparatively unknown, the place is very quiet and retired, and is therefore eminently suitable for the purposes of the Home. The climate is unusually healthy and bracing, although, at the same time, mild. There are beautiful walks and drives in the neighbourhood, good roads for cycling, excellent golf-links, good bathing, fishing, &c., within easy reach of the house. The house, itself, standing in its own garden, is well situated, facing south with a fine sea view, far enough away from the sea to be quite out of reach of the sound of the waves in all weath-



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ers. It is most comfortably and cosily furnished, in thorough sanitary condition — there being a special endeavour made to make all the surroundings as bright and cheerful as possible. It is essentially the house of an English gentleman, with an entire absence of anything like an "asylum atmosphere."

There is a resident physician with special experience, whose entire time is devoted to the interests of the Home.

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